



Name: _____

Cookies

Cookies are delicious treats that people of all ages love to eat. They come in many different flavors, shapes, and sizes. But have you ever wondered where cookies come from and how they are made? Let's explore the wonderful world of cookies!

The history of cookies dates back thousands of years. The first cookies were made by the ancient Egyptians, who mixed grains and honey to create a sweet, baked treat. Over time, cookies became popular in many different cultures around the world. In fact, the word "cookie" comes from the Dutch word "koekje," which means "little cake."



There are many different types of cookies. Some are soft and chewy, while others are crispy and crunchy. Chocolate chip cookies are a favorite among many people. They are made with a dough that includes chocolate chips, which melt and create a gooey, chocolaty center when baked. Another popular type of cookie is the sugar cookie, which is often decorated with colorful icing and sprinkles.

Cookies are made using a simple process. The ingredients for cookies usually include flour, sugar, butter, eggs, and flavorings such as vanilla extract. These ingredients are mixed together to form a dough. The dough is then shaped into small balls or flattened into discs and placed on a baking sheet. The cookies are baked in an oven until they are golden brown and cooked through.

Baking cookies can be a fun and creative activity. Many people enjoy adding their own twist to traditional cookie recipes by adding nuts, dried fruits, or even candies. Some cookies are also shaped using cookie cutters to create fun shapes like hearts, stars, or animals.

Cookies are not only delicious but can also be a part of celebrations and traditions. During holidays like Christmas, people often bake and exchange cookies with their loved ones. In some cultures, cookies are also used in religious ceremonies and celebrations.



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1. Where did the first cookies come from?
 - a) China
 - b) Egypt
 - c) France
 - d) Italy

2. What is the meaning of the Dutch word "koekje"?
 - a) Cookie
 - b) Little cake
 - c) Delicious treat
 - d) Baked dough

3. What ingredient is commonly used to create a gooey, chocolaty center in chocolate chip cookies?
 - a) Caramel
 - b) Peanut butter
 - c) Chocolate chips
 - d) Honey

4. What is the usual process of making cookies?
 - a) Frying
 - b) Boiling
 - c) Steaming
 - d) Baking

5. What is a common way to shape cookies into fun shapes?
 - a) Rolling them into balls
 - b) Flattening them into discs
 - c) Using cookie cutters
 - d) Freezing them before baking

